

Padma Rammooorthy

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EDUCATION

RANGARAYA MEDICAL COLLEGE

1991-1996

BACHELOR OF MEDICINE &
BACHELOR OF SURGERY

ROYAL COLLEGE OF GENERAL PRACTITIONERS DIPLOMA IN FAMILY MEDICINE

LINKS

drpadma.org

linkedin.com/in/padmarammoorthy

CERTIFICATIONS

Certified Nutrition Coach | National Academy of Sports Medicine

Certificate in Data Science & Cloud Computing | Stanford Data Ocean

Advanced Physician Medical Monitor | Certified Clinical Research Professional Society (CCRPS)

Certified Fitness Coach

| National Academy of Sports Medicine

MISC

- World Summit Awards 2018, went to Portugal to attend the awards ceremony on behalf of Med-Health TV.
- **70mn+** views on YouTube
- Guest lecture on Diabetes Reversal at the **Global Pharma Healthcare Technology Expo & Summit 2023**
- mBillionth award for MedHealth TV
- FICII India Innovation growth program
- Certified Yoga Instructor
- Permanent Resident, USA

WORK EXPERIENCE

PLEDZE INC | Co-FOUNDER/CEO

Jan 2020 – | Washington, D.C.

At Pledze, we run lifestyle medicine-based intervention programs. We've had over 100 diabetics and pre-diabetics make lifestyle changes, lose weight (around 9 pounds on average) and feel their best in years.

INDOUSRARE | MEDICAL CONSULTANT

June 2023 – Nov 2023 | Washington, D.C.

Strategy consultant for the Indo US Organization for Rare Diseases. Delivered domain expertise and effectively communicated complex rare disease medical information for a diverse readership. Helped organize international conference in Northern Virginia.

MEDHEALTH TV | FOUNDER

January 2015 – Dec 2019 | Bangalore, India

MedHealth TV started as a non-profit health education platform in vernacular for pregnant women. We've made thousands of informative videos since 2014, with the aim of distilling complex health issues and processes into easy-to-digest content. Combining YouTube and our web platform, we've garnered over a quarter million subscribers and more than 70 million views. Won mBillionth Award, World Summit Award and FICCI's India Innovation Growth Program 2015.

CERNER HEALTHCARE | SENIOR CLINICAL CONSULTANT

2015 – 2016

Led and coordinated the development of an application to implement a Public-Private partnership School Health Screening program in the state of Karnataka. Successfully implemented the pilot program in 7 Schools in East Bangalore covering over 1500 students, and scaled to be implemented city-wide.

BOSSIMI CLINIC | OWNER AND GENERAL PHYSICIAN

2010 – 2019 | Bangalore, India

Family health clinic with year-on-year growing patient base, focus on holistic wellness and developed proprietary tools for cardiac and health assessments.

PROJECTS

PLEDZE PODCAST

Long running podcast exploring the latest breakthroughs in health, nutrition, fitness, and mindfulness. Speak with industry experts and aim to distill complex research into comprehensible form.

PLEDZE BLOG

Maintain an active blog at pledze.com, some sample articles:

How Your Body Regulates Glucose

Insulin Resistance and Fertility

PRESS

Press clipping from LiveMint.com (publication with a traffic of around 40 million per month)

Maternal Health Education in India - nextbillion.net